



2026-2027 Illinois USA Gymnastics Rules & Policies

26-27

Rules & Policies

8-1-26

Table of Contents

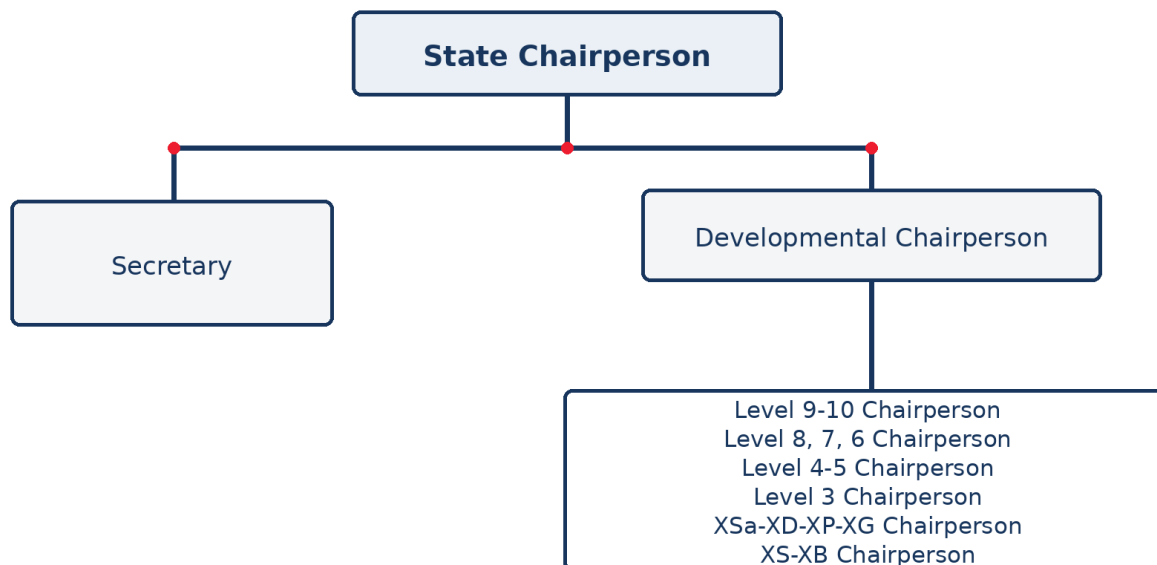
2026-2027 Illinois Competitive Information Summary	3
Illinois Organizational Chart	4
Illinois Committee Website	4
State Committee Members	4
Election Procedures Illinois USA Gymnastics Committee	5
Development Chairperson Requirements	5
Level /Division Chairperson's Requirements	6
Secretary's Requirements	6
Memberships and Certification	6
Illinois Meet Schedule	7
Requests for Judges	7
Out of State Scores	7
ILUSA Gymnastics Meet Directors Post Meet Sanction & Score Reports	7
Illinois State Series Competition Information Entry Requirements	8
Petition for Gymnasts outside the USAG System	8
Event Specialists	8
State Meet Bids	8
Judge Selection Procedure: Regionals Championships	8
Regional Ranking List	8
Illinois State Judges Selection Procedures	8
Illinois State Awards Banquet	8

2026-2027 Illinois Competitive Information Summary

2026-2027 ILLNOIS COMPETITIVE INFORMATION SUMMARY 07.31.2026

State Meet Dates/Host	Qualifying Score at USA Gym Sanctioned Meet	Last Day to Qualify, Level Declaration Date, & Due Date for out of State	Entry Deadline-- Submit Using Online USAG Reservation	Payment Deadline-- Must be Post Marked by date
Xcel Bronze, Level 4-5 March 5-7, 2027 Energy/DeKalb HS	Xcel Bronze - 35.00 AA Level 4 & 5 - 34.00 AA	February 14, 2027	\$120 Entry fee on or before 2/15/2027 \$170 after 02/15/2027	Post Marked after 2/19/2027 \$170/gymnast
Level 3, 9, 10 March 12-14, 2027 X-Calibur/Adventure Commons	Level 3 - 34.00 AA Level 9 & 10 - 32.00 AA 8.75 IES for L9 & 10	February 21, 2027	\$120 Entry fee on or before 2/22/2027 \$170 after 02/22/2027	Post Marked after 2/26/2027 \$170/gymnast
Level 6, 7, 8 March 19-21, 2027 Gym Etc./Horton Field House	Level 6 & 7--34.50 AA Level - 33.00 AA; 8.75 IES for ALL	February 28, 2027	\$120 Entry fee on or before 3/1/2027 \$170 after 3/1/2027	Post Marked after 3/5/2027 \$170/gymnast
Xcel G, P, D, Sapphire April 2-4, 2027 Flipstar/McCook Athletic	Xcel Gold - 35.00 AA XP, XD, XSA - 33.00 AA 8.75 IES for G,P,D. Sapph 8.50	March 14, 2027	\$120 Entry fee on or before 3/15/2027 \$170 after 3/15/2027	Post Marked after 3/19/2027 \$170/gymnast
Xcel Silver April 9-11, 2027 Aspire/Adventure Commons	Xcel Silver - 35.00 AA	March 21, 2027	\$120 Entry fee on or before 3/22/2027 \$170 after 3/22/2027	Post Marked after 3/26/2027 \$170/gymnast
9-10 Regional April 8-11, 2027	Level 9 & 10 34.00 AA; 9.00 IES		Must register and pay at State Meet (Meet Maker) \$150	
6-8 Regional April 16-18, 2027	Level 6 & 7- 35.00 AA Level 8 - 33.00 AA 9.00 IES for ALL		Must register and pay at State Meet (Meet Maker) \$150	
Xcel Gold-Sapphire Regional April 29-May 2, 2027	XG - 36.25 AA/9.25 IES XP - 35.5 AA/9.0 IES XD - 35.00 AA/9.0 IES XSA - 34.00 AA/8.75 IES		Must register and pay at State Meet (Meet Maker) \$150	
Level 9 Easterns May 7-9th, 2027			Must register and pay at Regional Meet	
Level 10 Nationals May 14-16th, 2027			Must register and pay at Regional Meet	
Xcelebration June 11-13, 2027			Must register and pay at Regional Meet	

Illinois Organizational Chart



Illinois Committee Website

Illinois Committee Website Click here: [State Website](#)

The Illinois Online Website contains our official communication and is a quick & effective way for the State Committee to communicate with the professional members. Please check website often for most up to date information. If you are not receiving emails, please add ilwgymsstatechair@gmail.com to contacts jess@ilusagymnastics.ccsend.com (emails from Constant Contact)

State Committee Members

STATE CHAIRPERSON Jessica Holtz Term Expires 6/2030. ilwgymsstatechair@gmail.com	Development CHAIRPERSON Sari Engle E-mail: Term Expires 6/2027 dp.chairman@ilusagymnastics.com
LEVEL 9-10 CHAIRPERSON Shane Sanders Term Expires 6/2027 level9.10@ilusagymnastics.com	LEVEL 6-8 CHAIRPERSON Kara Reid Term Expires 6/2028 level8@ilusagymnastics.com
LEVEL 4-5 CHAIRPERSON Andrew Morreale Term Expires 6/2028 level4.5@ilusagymnastics.com	LEVEL 3 CHAIRPERSON Brad Tubbs Term Expires 6/2027 level3@ilusagymnastics.com
XG-XP-XD CHAIRPERSON Darion Knight Term Expires 6/2028 xcel.gdp@ilusagymnastics.com	XB-XS CHAIRPERSON Beth Boshold Term Expires 6/2027 xcel.sb@ilusagymnastics.com
SECRETARY Mary Lou Ackman Term Expires 6/2028 Secretary@ilusagymnastics.com	
IL NAWGJ STATE CHAIRPERSON Heather Forbes E-mail: ilsjdheather@gmail.com	IL WEBMASTER Kenny Gesiakowski Email: kgesia4@gmail.com

Election Procedures Illinois USA Gymnastics Committee

The election of the USA Gymnastics Illinois State Administrative Committee members is done on a staggered year system in May-June of every year. Each elected member:

- A.** Serves for a two-year term
- B.** Has 1 vote
- C.** Must be nominated (must first have permission to be nominated)

The election of the Committee will follow the format below:

2026, 2028, 2030	2025, 2027, 2029
Level 6,7,8 Chairperson	Developmental Program Chairperson
Level 4-5 Chairperson	Level 9-10 Chairperson
XG-XP-XD-XSA Chairperson	Level 3 Chairperson
Secretary	XB-XS Chairperson

Nomination requests will be posted online June 1-15. Any nomination form not filled out completely will be disqualified. EVERY piece of information needs to be filled out so that the nomination will be valid. If only one person is nominated for a particular position, the State Chairman will cast a vote to confirm the nominee.

Election will be held online June 16—30 using the email addresses via USA Gymnastics system of current members. Eligible USAG members, as of June 1st, will receive a personal link to vote via email from "Election Buddy."

Appointed committee positions are non-voting, except in special circumstances. Those rules can be found in USAG R & P. Appointed committee members serve in an advisory capacity for a period of one year, after which time they can be re-appointed.

Development Chairperson Requirements

- 1)** Have complete knowledge of both Illinois and USA Gymnastics Rules & Policies and Operating Code.
- 2)** Be able to make decisions in the best interest of the entire USA Gymnastics program, regardless of their personal interests and affiliations.
- 3)** Oversee the planning of all State Series meets.
- 4)** Oversee and track the awards required at each level/division.
 - A.** Order awards
 - B.** Distribute awards to meet directors
 - C.** Track award financials
 - D.** Be present and able to assist as the State Series meets or send a committee representative
 - E.** If there is a regional meet in Illinois, be there to assist.
- 5)** Oversee annual awards banquet invites, registration, program, awards.
- 6)** Oversee regional leotard distribution
- 7)** Oversee the tracking of scores
- 8)** Have access to a computer
 - A.** Have Microsoft Office - since most of the communications that are sent between the state committee are in that format
- 9)** Have a secure email address (no one else has access)
- 10)** Be able to attend all Committee meetings, monthly, (usually on weekdays) in addition to the in person summer meeting.
- 11)** Must have been an IL Women's State Committee member.
- 12)** Sign a yearly confidentiality and conflict of interest agreement provided by USA Gymnastics
- 13)** Be a member in good standing of USA Gymnastics

Level /Division Chairperson's Requirements

- 1) Be a member in good standing of USA Gymnastics.
- 2) Have knowledge of both Illinois and USA Gymnastics Rules & Policies and Operating Code.
- 3) Be able to make decisions in the best interest of the entire USA Gymnastics program, regardless of their personal interests and affiliations. Have active involvement, and working knowledge of, the Level/Division you are representing.
- 4) Track athletes "in" and "out" of their specific level / division. This means scores (in state and out of state) as well as eligibility of athletes in Level/Division.
- 5) Must be present and assist in the State Meet Series or have other state committee member perform these duties. You must follow IL State Meet Director guidelines
- 6) Level 6/7/8/9/10/ Division XG/XP/XD/XSa
 - A. Keep the Regional and National personnel updated with all necessary information
 - B. Be present at the regional meet held in Illinois if possible.
- 7) Help with the state banquet, state congress, and state training camps is appreciated
- 8) Have access to a computer
 - A. Must have Microsoft Office (including Excel- since most of the communications that are sent between the State Committee is sent in that format
- 9) Have a secure email address
- 10) Sign a yearly confidentiality and conflict of interest agreement provided by USA Gymnastics.
- 11) Be able to attend all Committee meetings, monthly, (usually on weekdays) in addition to the in person summer meeting.

Secretary's Requirements

- 1) Have knowledge of both Illinois and USA Gymnastics Rules & Policies and Operating Code.
- 2) Be able to make decisions in support and in the best interest of the entire USA Gymnastics program, regardless of their personal interests and affiliations.
- 3) Record minutes of committee meetings.
- 4) Facilitate the retrieval of regional leotard sizes, work with developmental chair in distribution.
- 5) Access to computer
 - A. Must have Microsoft Office and newsletter design program (Canva, etc.)
- 6) Have a secure email address
- 7) Help with the state banquet, state congress and state training camps is appreciated
- 8) Be able to attend all Committee meetings, monthly, (usually on weekdays) in addition to the in person summer meeting.
- 9) Sign a yearly confidentiality and conflict of interest agreement provided by USA Gymnastics.
- 10) Be a member in good standing of USA Gymnastics.

Memberships and Certification

MEMBERSHIPS		MINIMUM AGE	USA GYMNASSTICS BACKGROUND CHECK	U010 U.S. CENTER FOR SAFESPORT COURSE	U01 SAFETY AND RISK MANAGEMENT COURSE	U012 TOUG COACHING OR EDUCATIONAL AWARE COURSE	CONCUSSION EDUCATION AWARENESS	U088 PROGRAMS U.S. GYMNASSTICS INSTRUCTIONAL COURSE	MEET DIRECTOR CERTIFICATION For National and World Championships only
Competitive Coach	16	✓ 18+	✓ 18+	✓	✓ 18+	✓ 18+	✓		
Judge	16	✓ 18+	✓ 18+	✓		✓ 18+			
Organizational Owner / Managing Director	18	✓	✓	✓	✓	✓			
Meet Director	18	✓	✓	✓		✓			✓
Recreational Coach	14	✓ 18+	✓ 18+		✓ 18+	✓ 18+			
Photographer / Videographer	18	✓	✓						
Medical	18	✓	✓			✓			
Volunteer	14	✓ 18+	✓ 18+						
Athlete	N/A		✓ 18+						

¹ An individual may hold more than one membership type.

² Additional education requirements may be needed based on the discipline that the coach or judge participates in.

Illinois Meet Schedule

Can be found on ILUSAG website. In the fall, all meet directors will fill out a Google form to submit their meet onto the website. [Click here:](#)

Requests for Judges

Can be found on GymJas. Click here: <https://gymjas.com/>

Out of State Scores

Out of State Scores—If you participate in an out of state meet, and the results are posted in ScoreCat, nothing else needs to be done to use those scores for State qualification.

Coaches are responsible for submitting out of state scores that are not in Scorecat.

This Out of State Scoring form must be submitted by the State Meet entry deadline:

[Click Here](#)

Coaches are responsible for following USAG mobility rules (gymnasts changing levels) which are in the USAG National R & P. The state is tracking all gymnasts for mobility.

IL USAG Meet Directors Post Meet Sanction & Score Reports

Post Meet Reporting for ALL Illinois Meets 2026-2027 Season

****Must be completed within 7 days following the finish of the meet****

1. Scan Sanction Report Form & email to ilwgymsstatechair@gmail.com
2. Upload all final meet scores from ProScore into ScoreCat. These final results will be used for State qualification verification. If you do not use ProScore, follow instructions on "Meet Directors" tab on our website or [Click Here](#)
3. Mail a hard copy of the sanction report form ONLY (No scores or any other parts of the sanction) and \$2.00 per gymnast payable to: Region 5 and Mail to: Dave Stiles 105 Woodland Lane Carmel, IN 46032
4. Mail a hard copy of the sanction report form ONLY (No Scores or any other parts of the sanction) and \$1.00 per gymnast payable to: ILUSA Gymnastics and Mail to:
Jessica Holtz 5640 Whitetail Ridge Dr. Yorkville, IL 60560.
5. Judges will check their own scores at the conclusion of each session. The meet referee will sign printed scoresheets. Meet directors must maintain judges/meet referee signed score sheets through the end of competition season in case of score discrepancy.

Illinois State Series Competition Information Entry Requirements

Gymnasts who enter a State Series competition have determined their Level /Division for that competitive year and may not drop back or compete at the next level unless they re-qualify for the next level.

Petition for Gymnasts outside the USAG System

Please follow the procedures listed on the Illinois Mobility Form, under Rules and Policies, on ILUSAG website.

Click here: [Mobility Link](#)

Event Specialists

In Illinois, there is an option to be an event specialist for Developmental Program / Xcel.

Check the competitive summary for qualification requirements to state.

Click here: <https://ilusagymnastics.com/2025-2026-illinois-rules-policies/>

All gymnasts must be entered in the USAG reservation system

- If cancelled prior to entry deadline, you are not financially responsible.
- Gymnasts who are not scratched before the deadline are FINANCIALLY responsible for entry fee. (The exception is injured gymnasts who provide a Dr.'s note)

All Developmental levels 5-10 and Xcel Gold thru Sapphire must qualify to state using a 2 judge per panel score.

Xcel Bronze, Silver, Levels 3 & 4 may qualify to state meet using a 1 judge panel as long as the meet was "in house" or permission was granted from the IL State Committee for an "out of house" meet to use a 1 judge panel.

State Meet Bids

A club must submit the official bid form for each State Meet they wish to host. Bid forms can be found on the State website under "Meet Directors." The committee will vote & award bids at their summer meeting. Any committee member bidding will be recused from the vote for each meet they bid on.

See State Meet Directors' Guidelines for State Meet host requirements. [Click Here](#)

Judge Selection Procedure: Regionals Championships

The Regional Committee determines regional judges' assignments.

The State Committee will use the following feedback to make their Regional recommendations:

- PIF (Professional Involvement Form) submitted by each individual Judge
- Feedback provided by IL State Judging Director.
- Written/ verbal communication from professional members throughout the year.

Regional Ranking List

Each voting member of IL State Committee, using the various tools above, will rank all eligible judges using method selected that year (Excel form, ranking program, etc.) Those individual rankings will be compiled into one ranking list, shared with all committee members, and be approved to send to Regional Committee.

Illinois State Judges Selection Procedures

The Illinois Committee will use judges' PIF forms, feedback from SJD, as well as any other professional members when considering State Meet assignments. Each voting committee member will rank all eligible judges for each specific state meet. That list will be compiled, and judges will be assigned to that state meet based on their ranking. In accordance with USAG rules, affiliation of those judges is considered. For example, any head judge cannot be affiliated. All committee members who are affiliated with any judges on that state meet's list, will be recused from voting. Once all state meets are assigned, judges are placed on their events using feedback from the level chair, developmental chair & meet referee.

Illinois State Awards Banquet

On June 6th, 2027 (2:00 PM - 6:00 PM) we will host an awards banquet to honor our Seniors and the athletes from our state for their accomplishments that year.

Our invited guests, for which there is no charge, include:

- All Graduating SENIORS Athletes from all levels
- Illinois Elite Athletes & Hopes athlete that compete at Hope Championships
- Development Level 10 National Qualifiers
- Eastern Level 9 Qualifiers
- TOPS National Team Members
- State and Regional All-Around Champions
- 1 coach per gym for the above honored athletes
- Lifetime Achievement Award recipients

Those also invited to attend, for which a banquet fee will be charged, include:

- Coaches of athletes (Additional)
- Illinois Professional Members
- Lifetime Achievement Award guests Family members & Guests