

APOLLONIA BARRIENTOS

Professional Experience:

Lakeshore Academy of Mount Prospect — Head Coach/Team Administrator (2021–Present)

- Direct all aspects of the gymnastics program, including curriculum development, athlete training, staff management, and program growth.
- Design and implement progressive training plans for developmental and competitive gymnasts, focusing on skill development, safety, and athlete success.
- Manage daily gym operations, scheduling, team budget, and communication.
- Build positive relationships with athletes and families through consistent communication, goal setting, and performance feedback.
- Demonstrate strong organizational, customer service, data entry, and multitasking skills while managing multiple priorities in a fast paced environment.

Windy City Invitational — College Meet Administrator (2024–Present)

- Prepare event documentation, schedules, and communications to ensure all partners understand expectations and processes.
- Serve as a point of contact for participating institutions, addressing questions, clarifying requirements, and ensuring a positive experience.

Past Relevant Experience:

National Association of Women's Gymnastics Judges — (2022–Present)

WGV Gymnastics — TOPs Coordinator (2020–2021)

Kentucky Gymnastics Academy — Co-Head Optional Team Coach/ Developmental Coordinator (2018–2020)

Lakewood Ranch Gymnastics — TOPs Coordinator & Optional Team Coach (2016–2018)

Suncountry Sports Center — Co-Head Coach & TOPs Coach (2013-2016)

EDUCATION

Master's Degree - MBA with Concentration in Human Resources Management, Keller Graduate School of Management (2018)

Bachelor of Science - Human Resources Management, Illinois State University (2013)

Bachelor of Science - Organizational Leadership, Illinois State University (2013)