Beth Boshold

Libertyville Gymnastics Academy 2405 Hermon Ave. Zion, IL 60099 Beth@lga-gymnastics.com

Thank you for reviewing my resume. I am seeking reelection to the Xcel Bronze/Silver State Committee Chair position. I have been honored to serve on the Committee for the past term and have thoroughly enjoyed representing the Xcel program. I have consistently prioritized addressing the suggestions and concerns of members, ensuring that their voices are heard.

Throughout my 32-year career as a competitive gymnastics coach, I have held various leadership positions, including Head Team Coach and Xcel Team Director at Bartlett Gymnastics (1998-2018) and Team Coach and Xcel Director at Libertyville Gymnastics Academy (since 2018).

In my extensive coaching career, I have guided athletes through both the Developmental and Xcel programs.

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I am proud to have witnessed numerous athletes attain state, regional, and top 100 accolades. However, the most gratifying experience has been witnessing the personal growth and development of my athletes as both gymnasts and young women. It fills me with immense fulfillment to know that they have not only set but also achieved their athletic goals. Moreover, they have acquired invaluable life lessons such as perseverance, effective time management, and the importance of treating others with kindness.

I am very passionate about the Xcel program and remain current with all educational resources and updates. I take every opportunity to attend coaching clinics, seminars, and congress events.

I would like to continue my position on the committee board to help educate coaches about the program, help anyone needing assistance navigating through their competitive program and to promote equality throughout.

I am well known in the Xcel community and am approachable for assistance.

I would greatly appreciate the opportunity to continue to be the voice of Illinois Xcel coaches and athletes.

June 2018 - PRESENT

Libertyville Gymnastics Academy, Libertyville, IL -Xcel Team Director

Responsible for all levels of Xcel. Responsible for staffing, educating, and planning of the Xcel program. Bar and vault coach for DP program. Coach of the baby gym and preschool program.

June 1998-June 2018

Bartlett Gymnastics Center, Bartlett, IL - Xcel Team Director

Responsible for all levels of Xcel. Responsible for educating and planning the Xcel program. Developmental and compulsory coach. Coach of the baby gym and preschool program. Birthday party instructor

August 1992-June 1994 Harper College, Palatine, IL

