

2024 Xcel State Gymnastics CHAMPIONSHIPS GYM - A



April 5, 2024

Friday	<u>Session 1A</u> Platinum	Session 2A Platinum	Session 3A Platinum	Session 4A Platinum
Age Groups →	ChA, ChB, ChC	ChD, ChE, JrA	JrB, JrC, JrD	JrE, SrA, SrB
Check In / Open Stretch	8:00 am	11:30 am	3:00 pm	6:30 pm
Opening Ceremonies	8:15 am	11:45 am	3:15 pm	6:45 pm
1st Warm-UP	8:20 am	11:50 am	3:20 pm	6:50 pm
Competition	8:35 am	12:05 pm	3:35 pm	7:05 pm
Awards	11:00 am	2:30 pm	6:00 pm	9:30 pm

April 6, 2024

Saturday	Session 5A Platinum	Session 6A Gold	Session 7A Gold	<u>Session 8A</u> Gold
Age Groups →	SrC, SrD, SrE	ChA, ChB, ChC	ChD, ChE, YthA	YthB, YthC, YthD
Check In / Open Stretch	8:00 am	11:30 am	2:45pm	6:00pm
Opening Ceremonies	8:15 am	11:45 am	3:00pm	6:15pm
1st Warm-UP	8:20 am	11:50 am	3:05pm	6:20pm
Competition	8:35 am	12:00 pm	5:15pm	6:35pm
Awards	11:00 am	2:30 pm	5:45pm	9:00pm

April 7, 2024

April 1, 2024		<u>-</u>		
Sunday	Session 9A Gold	Session 10A Gold	Session 11A Gold	Session 12A Gold
Age Groups →	YthE, JrA, JrB	JrC, JrD, JrE	SrA, SrB, SrC	SrD, SrE, SrF
Check In / Open Stretch	8:00 am	11:30 am	2:45pm	6:00pm
Opening Ceremonies	8:15 am	11:45 am	3:00pm	6:15pm
1st Warm-UP	8:20 am	11:50 am	3:05pm	6:20pm
Competition	8:35 am	12:00pm	3:20pm	6:35pm
Awards	11:00 am	2:30pm	5:45pm	9:00pm





2024 Xcel State Gymnastics CHAMPIONSHIPS GYM - B



April 5, 2024

Friday	Session 1B	Session 2B	Session 3B	Session 4B
J	Silver	Silver	Silver	Silver
Age Groups →	ChA, ChB, ChC	ChD, ChE, ChF	YthA, YthB, YthC	YthD, YthE, YthF
Check In / Open Stretch	8:00 am	11:30am	2:45pm	6:30 pm
Opening Ceremonies	8:15 am	11:45am	3:00pm	6:45 pm
1st Warm-UP	8:20am	11:50am	3:05pm	6:50 pm
Competition	8:35am	12:05pm	3:20pm	7:05pm
Awards	11:00am	2:30pm	5:45pm	9:30pm

April 6, 2024

Saturday	Session 5B Silver	Session 6B Silver	Session 7B Silver	Session 8B Silver
Age Groups →	JrA, JrB, JrC	JrD, JrE, JrF	SrA, SrB, SrC	SrD, SrE, SrF
Check In / Open Stretch	8:00 am	11:30am	2:45pm	6:30 pm
Opening Ceremonies	8:15 am	11:45am	3:00pm	6:45 pm
1st Warm-UP	8:20am	11:50am	3:05pm	6:50 pm
Competition	8:35am	12:05pm	3:20pm	7:05pm
Awards	11:00am	2:30pm	5:45pm	9:30pm

April 7, 2024

Sunday	Session 9B Diamond	Session 10B Diamond/Sapphire	
Age Groups →	Child, Junior	Sr-Diamonds/ALL Sapphire	
Check In / Open Stretch	8:00 am	11:00am	
Opening Ceremonies	8:20 am	11:20am	
1st Warm-UP	8:25 am	11:25am	
Competition	8:40 am	11:40am	
Awards	10:30am	1:30pm	

