Beth Boshold

Libertyville Gymnastics Academy
2610 Commerce Drive
Libertyville,IL 60048
Beth@lga-gymnastics.com

Competitive gymnastics coach for 30 years. Team coach and Xcel team director at Bartlett Gymnastics from 1998-2018. Team coach and Xcel director at Libertyville Gymnastics Academy from 2018 to present.

In my many years coaching competitively, I coach in both the DP and Xcel programs. I have been an Xcel head coach since the program began in 2013.
I take pride in my accomplishments of having numerous athletes achieve state, regional and top 100 awards. In my current program, we had 12 Xcel gymnasts. The program has now grown to 75. We have begun a Pre-Team program that is geared towards both the DP and Xcel athletes providing the skills and technique to lead them to their optimal competitive program.
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I am very passionate about the Xcel program and remain current with all educational resources and updates. I take every opportunity to attend coaching clinics, seminars and congress events.

I would like to be on the committee board to help educate coaches about the program, help anyone needing assistance navigating through their competitive program and to promote equality throughout.

I am well known in the Xcel community and am approachable for assistance.

I would like the opportunity to be the voice of Illinois Xcel coaches and athletes.

June 2018 - PRESENT
Libertyville Gymnastics Academy,Libertyville,IL –*Xcel Team Director*

Responsible for all levels of Xcel. Responsible for staffing, educating and planning of the Xcel program. Bar and vault coach for DP program. Coach of the baby gym and preschool program.

June 1998-June 2018
Bartlett Gymnastics Center,Bartlett,IL – *Xcel Team Director*

Responsible for all levels of Xcel. Responsible for educating and planning the Xcel program. DP developmental and compulsory coach. . Coach of the baby gym and preschool program. Birthday party instructor

August 1992-June 1994
Harper College, Palatine, IL

Course work towards Associate Degree in General Education