

REGIONAL

Championships



LEVELS 6, 7 & 8

April 21-23, 2023 . DeVos Place . Grand Rapids, MI

Qualify

Level 6 - 35.00 or 9.0 for IES

Level 7 - 35.00 or 9.0 for IES

Level 8 - 34.00 or 9.0 for IES

Please see the Women's R&P
for petitioning information.

Enter

\$125/gymnast

Checks payable to:

Champion Gymnastics USA

You must enter and submit payment
before leaving your state meet.

**2023 Region 5 Levels 6, 7 & 8
Regional Championships
April 21-24, 2023**

COACHES INFORMATION

COMPETITION VENUE

DeVos Place
303 Monroe Ave NW
Grand Rapids, MI 49503

MEET DIRECTOR

Tami Schaafsma
Champion Gymnastics USA
Tamischaafsma27@gmail.com
(616) 318-6721

REGIONAL QUALIFICATION & ENTRY

Regional Qualifying Scores:

- Level 6 – 35.00 AA or 9.0 for IES
- Level 7 – 35.00 AA or 9.0 for IES
- Level 8 – 34.00 AA or 9.0 for IES

Injury or illness petitions are accepted for **Level 8 athletes only**.

You must enter and pay for the Level 6-8 Regional Championships before leaving your state meet(s). Coaches must enter using the USA Gymnastics Reservation System. Please enter and pay for all athletes who are participating, including any level 8 athletes that are petitioning. Print your online entry, mark IES athletes. Take the copy of your entry and your check to the Regional Entry table and turn it in before leaving for the weekend.

Entry fees are \$125/athlete. CHECKS SHOULD BE MADE PAYABLE TO CHAMPION GYMNASTICS USA.

Regional Entry Packets and entry instructions are available at <https://www.region5.com/regionals>. Laptop computers and a printer will be available for coaches to use at the state meet.

PETITIONS FOR LEVEL 8

Petitions to Regionals may be submitted for level 8 athletes only. Information on how to petition are available at <https://www.region5.com/petitioninformation>. If you have any questions on the process, please check the website, the Women's Rules & Policies, or contact your State Dev Program Chair for more information. You must enter and pay for any gymnast that you plan to petition into the meet. Gymnasts that have petitions denied will receive a refund.

EQUIPMENT

All equipment is AAI and is provided by Midwest Gym Supply. The apparatus and matting meet all specifications in both the Women's Rules & Policies and Region 5 Regional Meet hosting requirements.

FLOOR EXERCISE MUSIC

Coaches are responsible for bringing their own gymnasts' music and, per the Women's Rules & Policies, must provide this music in a digital format (i.e. MP3, computer, tablet, smartphone, etc.). Electronic devices must have a display screen and must be on airplane mode when applicable. Coaches will be responsible for playing their own music.

COACHES CHECK IN

All coaches will be required to check in at the coaches check in table upon arrival. Coaches that are pre-registered have already been verified through USA Gymnastics. Any coach that is not on the pre-printed list will be required to show a current USA Gymnastics Membership card. If we have to look up your information on site, you will be charged \$10. All coaches will be required to wear a wristband to access the competition floor and the hospitality area.

COMPETITION INFORMATION

Competition will be conducted in a Modified Capital Cup format with two competition gyms (Gym A and Gym B). Each competition gym will contain one floor exercise, two vaults, two beams and two sets of bars – one for flight A and one for Flight B. There is no tumble strip.

In addition to the All-Star competition, there will also be State Team competitions. State Team members will be grouped together in squads as much as possible while keeping clubs together to help alleviate coaches having athletes in several squads.

Only registered athletes assigned to the session, their coaches, and meet officials are allowed on the field of play during the competition. Athletes not registered in that session and non-competing athletes will be asked to leave the floor. Please have only necessary and active coaches on the floor. Any coach that is watching and not coaching during a session should not be on the floor.

Schedules and draws will be completed after all state meets are concluded. Schedules will be emailed to participating clubs and can be found on the meet website and on the Region 5 website.

SCORING & INQUIRIES

Score Inquiry forms will be available at the head table in each gym. Coaches may not approach judges in regards to an inquiry, scores, or start values during the competition. Inquiry forms should be completed and turned into the meet director or meet referee. Once the meet referee receives a response from the chief judge, the meet referee will return the form to the coach. Inquiries must be submitted within 5 minutes of the squad completing the event on which you have an inquiry

Scores will be posted on [www.meetscoresonline](http://www.meetscoresonline.com), USA Gymnastics at the conclusion of each session. All scores are verified and signed off on by judges. Once scores are verified, they are final and will not be changed.

COACHES CODE OF ETHICAL CONDUCT & DRESS CODE

Please review the Coaches Code of Ethical Conduct and the Dress Code in the Women's Rules & Policies. Each will be strictly enforced to provide a safe and professional environment for everyone.

COACHES HOSPITALITY

Coaches Hospitality will be provided throughout the weekend. We will be serving meals at lunch and dinner only. We will not be serving breakfast at the venue but beverages, including coffee, will be available in the morning and throughout the day. Concessions are available on-site and there are many restaurants within walking distance of the venue.