



2023 Xcel State Gymnastics CHAMPIONSHIPS GYM - A



March 31, 2023

Friday	Session 1A Gold	Session 2A Gold	Session 3A Gold	Session 4A Gold
Age Groups →	ChA, ChB, ChC	ChD, ChE, YhA	YhB, YhC, YthD	YhE, JrA, JrB
Check In / Open Stretch	8:00 am	11:30 am	3:00 pm	6:30 pm
Opening Ceremonies	8:15 am	11:45 am	3:15 pm	6:45 pm
1st Warm-UP	8:20 am	11:50 am	3:20 pm	6:50 pm
Competition	8:30 am	12:00 pm	3:30 pm	7:00 pm
Awards	11:00 am	2:30 pm	6:00 pm	9:30 pm

Individual Awards

Individual Awards
Gold Child Team Awards

Individual Awards

Individual Awards
Gold Youth Team Awards

April 1, 2023

Saturday	Session 5A Gold	Session 6A Gold	Session 7A Gold
Age Groups →	JrC, JrD, JrE	SrA, SrB, SrC	SrD, SrE, SrF
Check In / Open Stretch	9:00 am	12:45 pm	4:30 pm
Opening Ceremonies	9:15 am	1:00 pm	4:45 pm
1st Warm-UP	9:20 am	1:05 pm	4:50 pm
Competition	9:30 am	1:15 pm	5:00 pm
Awards	12:15 pm	4:00 pm	7:30 pm

Individual Awards
Gold Junior Team Awards

Individual Awards

Individual Awards
Gold Senior Team Awards
Gold Combined Team Awards

April 2, 2023

Sunday	Session 8A Diamond	Session 9A Bronze	Session 10A Bronze	Session 11A Bronze
Age Groups →	CH, JR, SR	ChA, ChB, ChC	JrA, JrB, JrC	SrA, SrB, SrC
Check In / Open Stretch	8:00 am	11:30 am	2:15 pm	5:00 pm
Opening Ceremonies	8:15 am	11:45 am	2:30 pm	5:15 pm
1st Warm-UP	8:20 am	11:50 am	2:35 pm	5:20 pm
Competition	8:35 am	11:55 am	2:45 pm	5:30 pm
Awards	11:00 am	1:45 pm	4:30 pm	7:15 pm

Individual Awards
Diamond Age Grp Team Award
Diamond Combined Team

Individual Awards
Bronze Child Team Awards

Individual Awards
Bronze Junior Team Awards

Individual Awards
Bronze Senior Team Awards
Bronze Combined Team





2023 Xcel State Gymnastics CHAMPIONSHIPS GYM - B



March 31, 2023

Friday	Session 1B Platinum	Session 2B Platinum	Session 3B Platinum
Age Groups →	ChA, ChB, ChC	YhA, YhB, YhC	JrA, JrB, JrC
Check In / Open Stretch	8:00 am	12:15 pm	4:30 pm
Opening Ceremonies	8:20 am	12:35 pm	4:50 pm
1st Warm-UP	8:25 am	12:40 pm	4:55 pm
Competition	8:45 am	1:00 pm	5:15 pm
Awards	11:45 am	4:00 pm	8:15 pm

Individual Awards Individual Awards Individual Awards
 Platinum Child Team Awards Platinum Youth Team Awards Platinum Junior Team Awards

April 1, 2023

Saturday	Session 4B Platinum	Session 5B Silver	Session 6B Silver	Session 7B Silver
Age Groups →	SrA, SrB, SrC	ChA, ChB, ChC	ChD, ChE, YhA	YhB, YhC, thD
Check In / Open Stretch	8:00 am	12:15 pm	3:15 pm	6:30 pm
Opening Ceremonies	8:20 am	12:30 pm	3:30 pm	6:45 pm
1st Warm-UP	8:25 am	12:35 pm	3:35 pm	6:50 pm
Competition	8:45 am	12:45 pm	3:45 pm	7:00 pm
Awards	11:45 am	3:00 pm	6:00 pm	9:15 pm

Individual Awards Individual Awards Individual Awards Individual Awards
 Platinum Senior Team Awards Silver Child Team Awards Platinum Combined Team Silver Senior Team Awards

April 2, 2023

Sunday	Session 8B Silver	Session 9B Silver	Session 10B Silver	Session 11B Silver
Age Groups →	YhE, JrA, JrB	JrC, JrD, JrE	SrA, SrB, SrC	SrD, SrE, SrF
Check In / Open Stretch	8:00 am	11:15 am	2:15 pm	5:30 pm
Opening Ceremonies	8:15 am	11:30 am	2:30 pm	5:45 pm
1st Warm-UP	8:20 am	11:35 am	2:35 pm	5:50 pm
Competition	8:30 am	11:45 am	2:45 pm	6:00 pm
Awards	10:45 am	2:00 pm	5:00 pm	8:15 pm

Individual Awards Individual Awards Individual Awards Individual Awards
 Silver Youth Team Awards Silver Junior Team Awards Silver Senior Team Awards Silver Combined Team

