

USA Gym& Illinois USA Gym

Dress Code

Dress in appropriate attire that reflects the best image of gymnastics.

At State meets and above, the coaches' dress code is as follows:

- Athletic shoes with rubberized soles. Athletic warm-up pants or "Dockers-style" pants (No jeans).
- Athletic or tailored shorts that are of a reasonable length. No holes, tears or short shorts.
- Collared shirts, business casual shirts or T-shirts with gym logo. (No spaghetti straps, low-cut tops or midriff revealing shirts). No hats or visors.



USA GYMNASTICS®

Illinois
