

2019 Illinois State Congress Tentative Schedule

9/3/19 14:17

	Events	Room - Deck	Room - B Day	Events	Events
9:00 AM	Basic CO Bars Doug Bucholz - Flip Stars	Individual/Meet Ref Tracking Expences Mary Lou Ackman	Management of Sports Injury Dr Babka - Northwestern Medicine	Leaps / Jumps/ Turns Kristin Perchatsch Wade-Aerial	Staff Development Mike K - UGA Tinley
10:00 AM	In Bar Skills Eugene Lynn - St Charles	College Updates / How to get Colleges in your gym Mary Lou Ackman / Marco Bravo	Northwestern Medicine	Recreational Beam/Floor	How to become a Judge, where to look for updates Christi Kearns, Cheryl Schuh
11:00 AM	Tumbling Basic & Up Brandon Field - Aspire	Meet Formats/How to Inquire Shane Sanders/Heather Forbes/Sari Engle	Special Events Ancillary Income Chris Deck - Flying High	Co - Op Beam Laura Julien - Gym Nasty	
12:00 PM	Lunch - Norbert Bendixen - JO Update				
1:30 PM	Proper Develop of Tsuk / Yurchenko Marco Bravo - Phenom	Basic Shorthand for Judges Hilary Carlson	Creating A Positive Gym Culture Sari Engle - X-Calibur	Beam Drills / Tumbling Katheriune Musso - BIG <i>Team Beam</i>	Owners/Directors Round Table
2:30 PM	Twisting Brandon Fields - Aspire	Xcel Updates Practice and Judging Silver and Gold Hilary Carlson, Cindy Moran	Economics of The Gym Business Rob Brown - Ecel	Recreational Vault Karen Morales - MEGA	Cardio Conditioning Circuit
3:30 PM	Big Bar Release Nick Becker - Aspire	Practice Judge 8-9 Brooke Bennett, Sue Woloszyk	So You Want to Own A Gym Rob Brown - Excel	Basic Floor Complexes Rachel McAvoy - Aerial	Pre School Ideas Christi Kearns
4:30 PM	TOPS Jake Stoeckicht- GAR	NCATA Sue Woloszyk	Todays Athlete Leonard Issacs		