



USA GYMNASTICS.

Illinois

Member Club Covid-19 Protocol

Providing a safe environment for employees and athletes is the top priority of Illinois USA Gymnastics Member Clubs. These protocols will provide best practices, procedures, and mitigation strategies for Covid-19. This document will be adjusted as new and improved practices become known.

Primary resources:

DCEO/IDPH Guidelines:

<https://coronavirus.illinois.gov/s/restore-illinois-phase-3>

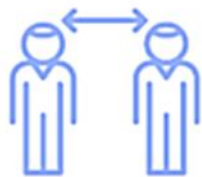
<https://www.dph.illinois.gov/covid19/community-guidance/sports-safety-guidance>

<https://dceocovid19resources.com/assets/Restore-Illinois/businessguidelines4/youthsports.pdf>

<https://dceocovid19resources.com/assets/Restore-Illinois/checklists3/screening.pdf>

CDC Guidelines:

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>



Illinois Member Clubs Industry Specific Protocols:

- Facial Covering for all employees, athletes, and customers per DCEO All-Sports Policy
- Social Distancing of 6' for all employees, athletes, and customers
- Hand washing / disinfecting at frequent intervals, workstations, entrances and exits

Facility Procedures:

- Limit facilities to no more than 25% capacity
- Signage and directional aids to promote unidirectional flow
- Utilize separate entrances and exits whenever possible
- Visibly designated areas for rest and waiting
- No communal chalk trays, water fountains, storage areas, or personal equipment (e.g., dumbbells)
- Equipment and matting cleaned and disinfected after each rotation or group
- High-touch items; light switches, doorknobs, et cetera cleaned and disinfected frequently
- List N approved cleaning products used throughout the facility
- Outdoor space utilized when possible
- Encourage air circulation using overhead fans, exhaust fans, air exchangers, and garage doors
- No unsupervised activities (e.g., open gyms, birthday parties)

Staff Procedures:

- All staff complete health screening before entering facility per DCEO guidelines
- Handwashing / disinfecting for staff upon entrance, exit, and between groups / rotations
- Facial coverings for staff at all times
- Limit direct physical contact with athletes (spotting limited to safety only)
- Staff responsible for cleaning and disinfecting workstations after each group / rotation
- All staff trained on Member Club Protocols, State Guidelines, and management expectations

Athlete / Customer Procedures:

- All athletes and customers complete health screening before entering facility per DCEO guidelines
- Facial coverings for athletes and customers per DCEO protocols
- Handwashing / disinfecting for athletes and customers upon entrance, exit, and rotations
- Social distances for athletes and customers strictly maintained
- Athletes carry their own personal equipment
- Prohibit individual storage (e.g., cubbies and lockers)
- Athletes educated in safety protocols and their role in maintaining safety guidelines
- Non-athlete customers restricted in number and socially distanced

Administrative Procedures:

- Adjust schedule to minimize cross-contact between training squads.
- Adjust schedule to allow time for cleaning, orderly entry and exit of individuals
- Maintain accurate attendance records for all staff and athletes
- Follow all applicable IDPH and CDC guidelines for COVID-19 contacts both in and out of the facility

Proactive Considerations:

- Develop working relationships with local health departments in order to:
 - Help stem any possible COVID transmission events
 - Develop a working understanding of best practices
 - Know who to speak with if any questions arise pertaining to COVID-19
- Consider alternative equipment layouts within facilities in order to:
 - Increase available social distance
 - Decrease possibility of cross-group contamination
- Develop written procedures specific to your facility describing:
 - Responsibilities of specific staff members
 - Incidence of COVID-19 among staff or customers
 - Incidence of illness during training sessions