
Fwd: 13 Illinois USA Gymnastics Electronic Newsletter June - Aug

1 message

Cyndi Zimmerman <gymmom4@aol.com>
To: cynzmm@gmail.com

Thu, Aug 22, 2013 at 5:14 PM

—Original Message—

From: Norbert Bendixen <norbertil@aol.com>
Sent: Thu, Aug 8, 2013 12:39 pm
Subject: 13 Illinois USA Gymnastics Electronic Newsletter June - Aug

Reminder At present Regional Committee Chairman Votes is taking place

Please visit the USA Gymnastics National site Women's program and follow links to vote

This election ends Aug 11th

YOUR USA Gymnastics Pro membership

Reminder All Promembers **Expired July 31**.....Please renew ASAP as I have used an old Membership list....Many Many of you are expired

U100 Reminder in order to COACH on the competitive Floor this year 13-14 you must have taken your U100 course.....DO it now before season...we will be tracking... a USA Gymnastics Mandate

All Illinois Judges

NEW PIF Date is Sept 1st not Sept 15th as in the past

"Please submit your Professional Involvement Form by Sept 1stPlease do not so it is not forgotten...Please understand that with out this form you will not be considered for either State or Regional Meets by the respective Committee's

(Click Here)

State Meet Bids

All State Bids are due 8/15/2013

Make sure your forms are complete, incomplete forms will not be accepted even if the site has been used before. Incomplete forms will be returned.

State Meets

Level 3 - March 7-9, 2014

Level 4 - March 14-16, 2014

Level 5 & Xcel - April 4-6, 2014

Level 6/7 - March 28-30, 2014

Level 8-9-10 - March 21-23, 2014

Phase One Meets Done Emails sent to Meet Directors

Phase 2 Starts 7-22-2013 Ends 8-2-2013

(Phase 2 are meets (1st meet)held last year but changing

weekends) Any questions please email gymmom4@aol.com

The Xcel website has been updated and FAQ's have been posted! The manual should be ready shortly.
(Click Here)

JUDGES NEEDED FOR ALL REGION 5 TRAINING CAMPS-

This year we have more training camps and have added Sunday judges rotations. Can you volunteer for 1, 2, or 3 days for CPE credit and to assist Region 5 with our needs. Just go to the Region 5 website under JUDGES and complete the form as soon as possible. It is fun, rewarding and lots of learning for all of us. Please use Char's new e-mail which is charchristensen@icloud.com for any questions that you may have. All camps are to be assigned by August 1 and we have 4 SUPER CAMPS to fill !
Thank you for volunteering as soon as possible !
Char

June 2013 Committee Minutes
Posted on left under Newsletters and Minutes

Regional updates Click on reminders

To All Coaches, Gym Administrators and Judges: Please go to Region-5.com and sign up for updates from Region 5 to come directly to your email inbox. This way when new information is posted on the Region 5 web site about congress, camps or anything you will be notified. This message was recently posted if you did not receive it:

2013 Training Camps Update

Posted: 02 Jun 2013 06:30 AM PDT

Message from Sandy Sabo, 2013-14 Region 5 Training Camps Director...

The host sites and information for Region 5 Camps are [posted on the Region 5 web site](#). Please read carefully for there are several changes to the camp criteria. These changes were proposed and passed by the Region 5 Committee back in July of 2012 for implementing in the 2013 camp season to better specify the criteria for entering a camp and to increase the level and quality of our Region 5 Camps. Now is the time to choose and plan your camps. Registration, Camp Coach Volunteer, and Judge Volunteer forms will be posted soon. Please check the [Region 5 web site](#) often for updates.

You will notice some very exciting changes also. We will be offering a TOPs group at Hot Shot Camp which will provide training for National TOPs Qualifiers as well as information for those who are interested in starting a TOPs program. This will be a great opportunity for any coaches wanting to learn more about the TOPs Program and methods of training it.

The other most exciting thing is the addition of an NCAA Showcase in conjunction with HI Tech Camp. After HI Tech Camp is full, there is now an opportunity to enter your athlete in the Showcase so that she may be seen by the college coaches that attend HI Tech. You can read more details about this on the Region 5 web site.

If you have any questions, there is a way to [ask me or Kittia Carpenter questions](#) from the Region 5 web site.

Sandy Sabo
Region 5 Camp Coordinator
flip4sandy@yahoo.com

Judges Volunteer Form

Greetings to all Region 5 Judges ! Please go to the Region 5 website and go to Training Camps. Just find to folder marked Judge Volunteer Form and sign up for a Region 5 Training Camp today ! The deadline is August 1 for all camps so that the staffing can be completed to have everyone make a commitment for the season. Thank you for volunteering for our Region 5 Camps.
Thanks, Char

Xcel National program

The 2013 -2017 Xcel information is awaiting approval. Once it has been approved it will be available on the USA Gymnastics website. Illinois state will put a link for Xcel information on their websites.

It would be helpful if each of your websites could have a notice for anyone who wants updates on the Xcel program to contact me (by way of a link to Nancy Gibson Regional Xcel director email address). While I already have an extensive list, it is important that everyone interested can be included and it will help in updating my list.

2013 Election Report

Up for elections this year was the following,

Level 5, Level 7, Level 9-10, JO, and Safety.

The Level 9-10, JO, and Safety Chairman ran unopposed.

The Level 5 nominees were Jackie Buckley-Jerry Leonard

and Judy Redmond.

Judy Redmond WON the Level 5 Chairman vote.

The Level 7 nominees were Kevin Burnside-Steve Cacchione-Jessica Holtz and Dave Rawles.

Steve Cacchione WON the Level 7 Chairman vote.

The Total votes for Level 5's was 82.

The Total vote for Level 7's was 87.

3 votes not counting because of expired USAG#'s.

Thanks to all members that casted a vote.

Terry Theobald, III. USAG Election Commissioner

June 2013

Norbert Bendixen
Illinois USA Gymnastics State Administrative Committee Chairman
As always have a "Happy Handstand"