

**From:** Norbert Bendixen <norbertil@aol.com>  
**Subject:** 13 Illinois Electronic Newsletter February  
**Date:** Mon, Feb 18, 2013 1:26 pm

---

## 13 Illinois Electronic Newsletter February

---

**New Compulsory Clinics:** The Illinois State Committee is planning to offer New Compulsory Clinics for both coaches and gymnasts

- June 22, 23 of 2013.
- Clinics will be offered at 2 different locations in Illinois (north and south) and on different days for coaches and gymnasts.
- Clinics will be taught by Illinois coaches/Judges that will attend the Master Compulsory Clinic held in Florida,
- The gymnast clinic will also allow for coaches who could not attend the June clinics to learn the routines alongside the gymnasts.
- If there are any coaches planning to attend the Florida Master Clinic and would be interested in teaching these clinics, please contact Sari Engle, clinic chairperson and Illinois Level 8 Chairperson via email at [sari@krausonline.com](mailto:sari@krausonline.com)

**Regional Positions Elections April 1-15** Please mark on your Calendars.. The following positions are up for election

- Regional Junior Olympic Chairman
- Regional Technical Chairman
- Regional Xcel Chairman...

Requirements can be found on the USA Gymnastics site/Womens program or Region 5 website or Womens Operating Code.

**Illinois RULES and POLICIES** On the ilusag.com website is a link to the Illinois Rules and Policies....If you have not read lately please re-look at it as we make changes frequently... This is your way of keeping up with Rules that may add to what is on the National Rules and policies

**Out of state Scores** Please review on the Illinois R&P the procedures and deadlines for using out of state scores for qualifying to State meet and or mobility scores.....we do not know if you qualified to state unless YOU tell us and prove it.. We will strictly adhere to the deadlines ....

### **State Series**

- **State meet info and Entry Form** The State Series Link on the Illinois website has all the meet information and Meet ENTRY Forms need for the state series this year.. Please follow the directions carefully so that you athletes get registered correctly into STATE SERIES MEETS
- **Photo ID REQUIRED.** Please be prepared to present to the Coaches Check-in..
- your USA Gymnastics Pro number card and
- A PHOTO ID. This was discussed and passed by the Illinois Administrative Committee last year after the state series... Please understand ...while you might be known by ALL the Coaches, Judges, and Administrators you are not known by the parents that are given the job of Checking that ONLY Current Professional members are given access to the Competitive Floor and Hospitality areas.. Needless to say there were problems last few years and we had to do something
- **DRESS CODE** .. I have to put this in every year but please follow the USA Gymnastics and Illinois Dress codes...We really don't want to be the "Attire police" so please read these and follow Page 7 USA Gymnastics R&P V d. 2
- Dress in attire reflecting the best image of gymnastics.  
 At State meets and above, the coaches' dress code is as follows:
  - a. Athletic shoes with rubberized soles. Athletic warm-up pants or "Docker-syle" pants (No jeans).
  - b. Athletic or tailored shorts that are of a reasonable length. No holes, tears or short shorts.
  - c. Collared shirts, business casual shirts or T-shirts with gym logo. (No spaghetti straps, low-cut tops or midriff revealing shirts).
  - d. No hats or visors.

- **Individual Event Specialist** (IES) please review the Illinois Committee minutes regarding the change for this years Event Specialist requirements, deadlines, what scores can be used,

**Erna Wachtel Scholarship** please visit the Illinois USA Gymnastics Website for information regarding the NAWGJ sponsored Erna Wachtel Scholarship for Seniors in High School

### **Illinois Awards Banquet**

- Is there anyone that would like to take on the senior video and program for the state meet and banquet? If you are interested in helping please email Cyndi at [gymmom4@aol.com](mailto:gymmom4@aol.com).
- **Coaches and Club Owners** There are a couple of changes in the banquet this year. All state and regional winners are invited to the banquet and the state will pay for the state or regional AA winners. There will be a charge, as before, for guests. The rest will stay the same, National Qualifiers, Seniors have always been free (guests pay) and one coach from that gym will be invited free of charge. (Not one per gymnast)

**New Web design help** We are also looking for someone with website experience to help build a new website and help with projects for the state website. If you are that person that could donate some time please email [gymmom4@aol.com](mailto:gymmom4@aol.com)

### **Attention All Meet Directors:**

Please take the time to look over the new procedures that went into place this year. Many were not followed. If you have any questions you can email Cyndi at [gymmom4@aol.com](mailto:gymmom4@aol.com) or leave a message on her cell phone 630.664.5530. Please do not call Cyndi's home phone she doesn't always get the messages. If you have a meet coming up please take the time to read and follow them.

**Senior Honor Scroll on line.** Please remind your seniors to go onto the website and fill out there senior forms and emails us a picture for the website . It doesn't have to be a professional picture any will do.

**State Meet entry forms** are again online this year in excel format. Please feel out completely as we need all information. This includes leo sizes for level 8-9-10. Please do not guess or leave them empty. These need to be order as soon as the entries are received. It is not possible to change the size after.

**Regional Xcel Invitational May 17-19** Saline MI please see link on Illinois website and Region 5 website if interested

**Kathy Kelly** Many have not know USA Gymnastics with out this great lady... I am one of the... Kathy has retired from Vice president to be GRANDMA..I talked to her at the Chicago Style and she is truly loving her retirement.... Kathy has been an integral part of USA Gymnastics and she will be missed..I thank the many years that she was my leader...Thank you Kathy

**Leonard Issacs** Many know but for those that do not Leonard accepted a Coaching position with Tony Gehman at the Northstars in New Jersey. HE is working with the Level 9, 10 and Elites. WE wish him Good Luck you will be missed

**Betty Scroffe** Betty Scroffe has officially retired as a Judge. Illinois would like to thank her for all that she has done for the Judging community over the many years that she has been involved in our great sport. Thank you Betty. On a personal Note Betty I (Norbert) will always be thankful for your help and insight in my early years as State chair and will never forget your smile.

Hello members of the gymnastics community,

As many of you know, Betty Stroufe is retiring after the 2012-2013 season. For all the decades of service and countless years of devotion, the judges of Ohio are taking this season to recognize her endless service to gymnastics and her constant efforts to push our sport forward.

Liz Hampe

**Meet Directors Reporting procedures** Please note that there was an error in email address so please reprint if you have already printed as a guide <http://www.ilusag.com/Season12-13/ILRules-Policies2012-13/MeetDirectorreportingprocedures2.pdf>

**Illinois USA Gymnastics Committee** Minutes Please keep your eye on the Illinois website left side Minutes Blue bar for minutes of our State Committee meetings.. There are new procedures and information voted on there.

**Judges assignments** The Illinois Committee will be meeting next week to assign the Events for the State Series Meets...

**U100** Just a reminder to visit the USAGym.org site and look at you profile under my membership (you have to log on first) look at "My membership" frequently as it has the most recent information that USA Gymnastics as on you..included on that is a link to the U100 certification... you will need that next year to re up your USA Gymnastics Membership... START NOW

**Note from Char** Just a friendly reminder that ALL judges need to submit the 2013 USAG National/Brevet Judges' Course Eligibility Form. This has been a written reminder in Char's Technical Update articles in past newsletters. We have many not returned for this December 2013 deadline. The forms come back to me as stated on the form. Please send this reminder to our judges as a reminder of this important upcoming deadline. The form is on the USAG web by going to Women's Program; to Judges; to Judges Updates; to 12/10/2010 to print the form. Thank you so very much ! Char

## NEW MEMBERSHIP EXPIRATION DATES EXPLAINED


As USA Gymnastics announced in June 2012, in order to streamline the process of membership and certification, all expiration dates will expire on July 31. This process will align all expiration dates with the current athlete expiration system.

Such changes will begin to take effect August 2012. Please see the calendar below to see how such changes will affect your membership and certification dates.

If you have questions on your current membership and certification expiration dates, please logon to [usagym.org/memberservices](http://usagym.org/memberservices) website and click on the **My Membership** link.

**PROFESSIONAL/INSTRUCTOR  
MEMBERSHIP CALENDAR**

REVIEW:	
CURRENT EXPIRATION DATE	UPON RENEWAL THE NEW EXPIRATION DATE
8.30.12 – 4.30.13	7.31.13
5.31.13 – 12.31.13	7.31.14



**PROFESSIONAL MEMBER**

Member #	Exp date	Safety Exp	BKGR Exp
000000	12/31/12	11/30/13	12/31/13

Joe Francher  
2013 Clarity Road  
Somewhere, US 00000

W

USA Gymnastics Member Services • 1-800-365-6718 • [www.usagymnastics.org](http://www.usagymnastics.org)

### New Membership Expiration Dates Explained

As USA Gymnastics announced in June 2012, in order to streamline the process of membership and certification, all expiration dates will expire on July 31st. Click [here](#) to see how this new change will affect your membership.

07/10/2012

### [Be Aware. Be Prepared. August 2012 Membership Requirements and Restructuring](#)



Beginning August 2012 there will be a variety of changes made to USA Gymnastics membership structure. Click [for an outline of what to expect](#)

Norbert Bendixen

Your Illinois USA Gymnastics Womens Administrative Committee Chairman

As always have a "Happy Handstand"