

**ILLINOIS XCEL STATE MEET**

**April 21-23, 2017**

**HOSTED BY: GymNasti Gymnastics**

**At: Pheasant Run Resorts – Mega Center**

**4051 East Main Street**

**St. Charles, Il 60174**

**Session Times:**

**Friday - 4/21/17 Saturday – 4/22/17 Sunday – 4/23/17**

**Session 1 Session 5 Session 9**

**XG – Child A, B & C (77) XS - Child A, B & C (84) All XB – Jr/Sr (68)**

**8:00 – 8:20 Open Stretch 8:00 – 8:20 Open Stretch 9:00 – 9:20 Open Stretch**

**8:20 – 8:35 March In 8:20 – 8:35 March In 9:20 – 9:35 March In**

**8:35 – 8:55 Warm up – 1st Event 8:35 – 8:50 Warm up – 1st Event 9:35 – 9:45 Warm up – 1st Event**

**8:55 – 11:25 Competition 8:50 – 11:00 Competition 9:45 – 10:55 Competition**

**11:25 Awards 11:00 Awards 11:00 Awards**

**Session 2 Session 6 Session 10**

**XG – Child D, Jr A & Jr B (79) XS – Child D, Jr A & Jr B (85) XP – Child & Junior (64)**

**11:30 – 11:50 Open Stretch 11:15 – 11:35 Open Stretch 11:00 – 11:20 Open Stretch**

**11:50 – 12:05 March In 11:35 – 11:50 March In 11:20 – 11:35 March In**

**12:05 – 12:25 Warm up – 1st Event 11:50 – 12:05 Warm up – 1st Event 11:35 – 11:50 Warm up – 1st Event**

**12:25 – 3:00 Competition 12:05 – 2:15 Competition 11:50 – 2:30 Competition**

**3:00 Awards 2:15 Awards 2:30 Awards**

**Session 3 Session 7 Session 11**

**XG – Jr C, Jr D & Sr A (77) XS – Jr C, Jr D & Sr A (83) XP – Senior & XD (43)**

**3:00 – 3:20 Open Stretch 2:30 – 2:50 Open Stretch 2:30 – 2:50 Open Stretch**

**3:20 – 3:35 March In 2:50 – 3:05 March In 2:50 – 3:05 March In**

**3:35 – 3:55 Warm up – 1st Event 3:05 – 3:20 Warm up – 1st Event 3:05 – 3:20 Warm up – 1st Event**

**3:55 – 6:25 Competition 3:20 – 5:30 Competition 3:20 – 5:00 Competition**

**6:25 Awards 5:30 Awards 5:00 Awards**

**Session 4 Session 8**

**XG – Sr B, Sr C & Sr D (82) XS – Sr B, Sr C & Sr D (86)**

**6:30 – 6:50 Open Stretch 5:45 – 6:05 Open Stretch**

**6:50 – 7:05 March In 6:05 – 6:20 March In**

**7:05 – 7:25 Warm up – 1st Event 6:20 – 6:35 Warm up – 1st Event**

**7:25 – 10:00 Competition 6:35 – 8:45 Competition**

**10:00 Awards 8:45 Awards**

**Xcel State Meet Age Groups**

**Xcel Bronze – XB Jr 05/27/2011 - 01/08/2007**

**Sr 12/02/2006 - 09/07/2003**

**Xcel Silver – XS Child A 11/05/2010 - 05/08/2008**

**Child B 04/07/2008 - 07/26/2007**

**Child C 07/20/2007 - 02/15/2007**

**Child D 02/12/2007 - 08/03/2006**

**Jr A 07/28/2006 - 03/31/2006**

**Jr B 03/30/2006 - 12/23/2005**

**Jr C 12/21/2005 - 08/12/2005**

**Jr D 08/11/2005 - 03/29/2005**

**Sr A 03/22/2005 - 10/09/2004**

**Sr B 10/08/2004 - 05/04/2004**

**Sr C 04/29/2004 - 10/24/2003**

**Sr D 10/15/2003 - 01/17/2002**

**Xcel Gold – XG Child A 07/01/2009 - 06/07/2006**

**Child B 05/31/2006 - 12/21/2005**

**Child C 12/13/2005 - 08/04/2005**

**Child D 07/22/2005 - 03/31/2005**

**Jr A 03/29/2005 - 12/11/2004**

**Jr B 12/09/2004 - 09/12/2004**

**Jr C 09/09/21004 - 05/24/2004**

**Jr D 05/22/2004 - 01/30/2004**

**Sr A 01/23/2004 - 10/08/2003**

**Sr B 10/01/2003 - 05/15/2003**

**Sr C 05/08/2003 - 12/11/2002**

**Sr D 12/04/2002 - 09/11/1996**

**Xcel Platinum – XP Child 08/30/2007 - 02/03/2004**

**Jr 01/30/2004 - 12/25/2002**

**Sr 12/19/2002 - 10/29/1998**

**Xcel Diamond – XD Jr 06/27/2004 - 06/11/2003**

**Sr 08/12/2002 - 12/16/1999**