Subject: 13 Illinois USA Gymnastics Electronic Newsletter 8-22

Date: Thu, Aug 22, 2013 6:18 pm

VOTE Second round (deadline Aug 29: Please make sure you go to USAGym.org women's program and vote for Regional Chairman This is the second round ..

Professional Involvement Form (PIF): Please be reminded that the deadline is <u>SEPT 1 this year</u>The State and Regional Committee will only consider those that have handed in their PIF by the deadline for State and Regional Competitions <u>Region 5 Congress</u> Please remember that the Region 5 congress will be held Sept 13, 14, 15 at the Columbus Hilton Downtown... Sign up today

State Open Meeting @ Regional Congress: WE will once again be hosting a State open meeting a the Regional Congress....Say and time will be announced on the USA Gymnastics Regional Congress Schedule of events and sessions USA Gymnastics Rules and Policies: Will be coming out soon.. Please look for changes previously bolded will this time appear in a different font

Compulsory 2013-21 I-Pad AP: this will soon be available ... See the USA Gymnastics site

Pre Placement: Reminder to all...please fill out the pre-placement form if you have been coaching and wish to have credit for that on your USA Gymnastics Resume....

State Congress: Illinois will once again be hosing a State Congress summer of 2014....Dates and Times will be forth coming **No more CD:** Reminder to both Meet Directors and Coaches, Cd will not longer required for music....Music will be played from a MP3, I-Pad, Phone(in airplane mode) i-pod...More specific instruction will also be mentioned in the Rules and Policies coming our soon...and will be found on line at the USA Gymnastics National site

PRO NUMBER USA Gymnastics Cards: Al Pro numbers please be advised that your USA Gymnastics pro card will no longer be mailed or emailed to you. It will be your responsibility to bring your own and carry to all competitions.

Where can you find card...Go to usaGym.org site ...membership link...and then on left side "My membership" follow the links and you will be able to print your card...make sure you print every time there has been a change in your status ie renew membership, Background check, safety ...

While your at it look at what is already on file ie your Certificates etc. Educational Opportunity Available:

Jeff Lulla from Fun & Fit Gymnastics is coming in from California to teach these courses.

He has great energy, a wealth of knowledge and will be sure to inspire your staff.

Register with USA Gymnastics for this great learning opportunity!

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Norbert Bendixen Illinois USA Gymnastics Administrative Committee Chairman As always have a "Happy Handstand"